# IT'S OK...

- IF YOU AREN'T REALLY SURE WHAT YOU WANT
- TO FEEL AFRAID
- IF YOU DON'T HAVE ALL THE ANSWERS

# START ANYWAY.



DREAM BIG. GUESS WHAT? EVERYONE FEELS AFRAID. DO IT ANYWAY. GIVE YOUR INNER CRITIC THE DAY OFF. IF YOU'RE NOT HAPPY, DO SOMETHING ABOUT IT. WORRY AND DOUBT DON'T GET YOU ANYWHERE.

TAKE A SMALL STEP, THEN ANOTHER.



## BE BOLD. VULNERABLE. AUTHENTIC. YOU.

#### SOMETIMES YOU HAVE TO TAKE A LEAP OF FAITH.

TAKE A DEEP BREATH. CHANGE IS A CHOICE. ASK FOR HELP. BE ACCOUNTABLE. TAKE SMALL ACTIONS. GET CLEAR ON YOUR TIME, VALUE AND MONEY. GET OUT OF YOUR COMFORT ZONE. SPEAK UP. YOU. CAN. DO. THIS.



## BE KIND.

NO BULLIES. NO COMPLAINING.
BE THE MOST POSITIVE AND GIVING
PERSON YOU KNOW, TREAT EVERYONE
YOU MEET WITH RESPECT.

#### SHOW UP.

MAKE TIME FOR PEOPLE.
MAKE A DIFFERENCE. MAKE A LIVING.
MAKE IT HOME FOR DINNER.
YOU DON'T GET THIS TIME BACK.

CHOOSE TO BE HAPPY. LAUGH. USE YOUR GIFTS.
FIND YOUR TRIBE. NURTURE YOUR RELATIONSHIPS.
HAVE FUN. GIVE YOURSELF A BREAK. PRACTICE
GRATITUDE. SMILE. GET BUSY LIVING. IT'S TIME.

#### **BRING YOUR BEST.**

DON'T MAIL IT IN. BE PRESENT. PUT IN THE EFFORT TO DO WORK THAT MAKES YOU PROUD.

"IT'S KIND OF FUN TO DO THE IMPOSSIBLE."

Walt Disney



**LIFE IS SHORT. LET'S GO!**