

IT'S OK...

- IF YOU AREN'T REALLY SURE WHAT YOU WANT
- **TO FEEL AFRAID**
- IF YOU DON'T HAVE ALL THE ANSWERS

START ANYWAY.

Believe in the Possibility

ASK WHY?, WHY NOT?, WHAT IF...?

DREAM BIG. GUESS WHAT? *EVERYONE FEELS AFRAID.* PUSH PAST THE EXCUSES AND FEAR. **GIVE YOUR INNER CRITIC THE DAY OFF.** IF YOU'RE NOT HAPPY, DO SOMETHING ABOUT IT. **SITTING AROUND WORRYING, WRAPPED IN DOUBT, DOESN'T GET YOU ANYWHERE.**

TAKE A SMALL STEP, THEN ANOTHER.



BE BOLD. VULNERABLE. AUTHENTIC. YOU.

SOMETIMES YOU HAVE TO TAKE A LEAP OF FAITH.

TAKE A DEEP BREATH. CHANGE IS A CHOICE. IT'S HARD - BUT SO IS STAYING IN AN UNHAPPY STATUS QUO. **PICK YOUR HARD.** ASK FOR HELP. BE ACCOUNTABLE. TAKE SMALL ACTIONS. GET CLEAR ON YOUR TIME, VALUE AND MONEY. GET OUT OF YOUR COMFORT ZONE. SPEAK UP. **YOU. CAN. DO. THIS.**



BE KIND.


NO BULLIES. NO COMPLAINING. BE THE MOST POSITIVE AND GIVING PERSON YOU KNOW, TREAT EVERYONE YOU MEET WITH RESPECT.

SHOW UP.

MAKE TIME FOR PEOPLE. MAKE A DIFFERENCE. MAKE A LIVING. MAKE IT HOME FOR DINNER. YOU DON'T GET THIS TIME BACK.

BRING YOUR BEST.

DON'T MAIL IT IN. BE PRESENT. PUT IN THE EFFORT TO DO WORK THAT MAKES YOU PROUD.

IMAGINE YOU'RE 90,  **LOOKING BACK ON YOUR LIFE. ARE YOU HAPPY?**

CHOOSE TO BE HAPPY. LAUGH. USE YOUR GIFTS. FIND YOUR TRIBE. NURTURE YOUR RELATIONSHIPS. HAVE FUN. GIVE YOURSELF A BREAK. PRACTICE GRATITUDE. SMILE. GET BUSY LIVING. IT'S TIME.

YOUR MAGIC SOMEDAY IS TODAY.



WHAT, EXACTLY, ARE YOU WAITING FOR?